

## Most Popular Products

Visit my online store at [www.lisastimmer.metagenics.com/store](http://www.lisastimmer.metagenics.com/store) to buy products. You will be required to register before check out.

### Medical Food Shake Powders – 14 Servings Size

- **UltraMeal® Rice** - Promotes fat loss for healthy body composition - (*Vanilla or Chocolate*)
- **UltraMeal® Advanced Protein Medical Food** - Nutritional support for age-related muscle loss - (*Vanilla or Chocolate*)
- **UltraMeal® Daily Support** - Nutritious Protein with Powerful Phytonutrients - (*Chocolate or Mixed Berry*)
- **Ultra Glucose Control®** for support in controlling blood sugar levels - (*Chocolate or Vanilla*)
- **Ultra-Clear Plus® PH** - Chronic fatigue, liver detox, and alkaline urinary pH status - (*Vanilla, Berry, or Pineapple Banana*)
- **Ultra-Clear® Renew** - Fibromyalgia, liver detox, and heavy metal detox - (*Vanilla or Berry*)
- **UltraGI Replenish® Gut Support** - for compromised gut function with digestive disorders, including malabsorption.
- **UltraMeal® Cardio 360™ Pea/Rice Protein Medical Food** - High cholesterol - (*Vanilla or Chocolate*)
- **\*Ultra-InflamX Plus 360°** - Intestinal inflammation (IBD) - Orange (*tastes best*)  
\***Caution!** Do not use this product if you are on anti-coagulants (blood thinners), pregnant or nursing. Use the regular Ultra-InflamX formula instead.
- **Perfect Protein® Pea & Rice Powder** - blended with 3.5 grams of added essential branched-chain amino acids (BCAAs).

### Multi-Vitamin Mineral Formula Packets - 30 Day Supply

- **Wellness Essentials for Women** - Heart health, bone health, and overall daily wellness
- **Wellness Essentials Women's Prime** - Support for menopause and beyond
- **Wellness Essentials Men's Vitality** - Enhances your vitality, libido and overall daily wellness
- **Wellness Essentials Active** - Targeted joint support for flexibility, mobility and comfort
- **Wellness Essentials Healthy Balance** - Targeted healthy blood sugar level support
- **Wellness Essentials Brain Health** - Comprehensive support for cognitive function and brain health
- **Plus One for Pregnancy** - Support for preconception through nursing

### Nutraceuticals

- **Glycogenics®** - Complete, Well-Balanced B-Complex Formula (*60 T = 30-day supply*)
- **Berberine GT** supports heart health, weight management, and glucose metabolism (*60 T = 30-day supply*)
- **CandiBactin-BR®** supports gut microbial balance, detoxification, and immune health (*90 T = 22-45-day supply*)
- **CandiBactin-AR®** - Concentrated aromatic essential oils for GI and respiratory health (*60 T = 30-day supply*)
- **UltraFlora® Triplebiotic with Akkermansia** - Daily prebiotic, probiotic, and postbiotic to support gut health.
- **Phytoganix** - Organic superfood powder to support intestinal health and immune function (*29 servings*)

- **Ultra Flora IB Capsules** - 60 billion probiotic to help relieve recurring functional bowel discomfort, bloating, cramping, bowel irritation, and occasional urgent bowel movements (30 Capsules = 30-day supply)
- **Ultra Flora Spectrum** - 30 billion probiotic with Proboulardi to help relieve recurring functional bowel discomforts and intestinal irritation (30 Capsules = 30-day supply)
- **Ultra Flora Women's** - Supports vaginal microflora & urogenital health (30 Capsules = 30-day supply)
- **Ultra Flora BiomePro** - 105 billion multi-strain probiotic (30 Capsules = 30-day supply)
- **Estrovera** - Natural relief for multiple menopausal symptoms, including hot flashes, sleep disturbances, mood swings, irritability, anxiety, and sexual problems (30 T = 30-day supply)
- **Advaclear** - Liver detox (126 Capsules = 30-day supply)
- **Endefen** - (powder) GI support for the gastric lining by promoting the growth of gastric mucosal cells (56-day supply)
- **Glutagenics** - Glutamine + Licorice - GI support to heal the gastrointestinal lining for proper digestion, immune function, and overall health (60 tsp. = 30-day supply)
- **SpectraZyme® Gluten Digest** - Enzymatic breakdown of gluten (40 capsules = 20 servings)
- **SpectraZyme Metagest** - HCL + Pepsin for digestive support in the stomach (270 T = 45-60-day supply)
- **Vitamin D3 5,000 with Vitamin K (+ MK-7)** directs calcium to bones, supports heart and immune health (60 softgels = 60-day supply)
- **OmegaGenics Mega 10** - Omega 3 & 7 - Chronic inflammation & high cholesterol (60 softgels = 30-day supply)
- **OmegaGenics EPA/DHA 720 Lemon Flavor Fish Oil Capsules "No Fishy Taste"** - Support for cardiovascular, immune, gastrointestinal, musculoskeletal, and nervous system function (120 lemon softgels = 30-day supply)
- **Lipotain** - Lowers cholesterol (180 T = 4 - 6-week supply)
- **CoQ10 ST-100** - Powerful antioxidant for energy production to support cardiovascular, nervous system, and periodontal health. This is especially important for patients taking Statin drugs (60 T = 60-day supply)
- **MetaGlycemX** - Insulin support for diabetics to help maintain healthy blood sugar levels (120 Tablets = 30-day supply)
- **Ceralin® Forte** - Supports healthy brain function and central nervous system health (90 capsules = 30 servings)
- **Ceriva®** - Cognitive & memory support (30 tablets = 30-day supply)
- **Cal Apatite Bone Builder with Magnesium** - Supports bone mineral density and muscle function with microcrystalline hydroxyapatite (MCHC), calcium, phosphorus, vitamin D, C, and magnesium. (90 T = 30-day supply)
- **Exhilarin** - Herbal stress defense for stressed and mentally exhausted - (60 T = 30-day supply)
- **Adreset** - Stressed & tired adrenal support (60 Capsules = 30-day supply)
- **MetaSleep™** - Helps you relax, fall asleep, and stay asleep. (60 T = 30-day supply)
- **MetaRelax** - Helps promote restful sleep, positive mood, and relaxation (30 packets = 30-day supply)
- **MyoCalm®** - Muscle relaxation formula with calcium, magnesium, passionflower, and valerian root.
- **Endura® Enhanced Hydration** - Electrolytes formulated to hydrate and replenish - lemonade flavor (30 servings)

## Children's Health

- **MetaKids™ Nutrition Powder Dietary Supplement (Rice)** - provides key nutrition for children years 4-12 - Vanilla or Chocolate (*14 servings*)
- **MetaKids™ Multi Soft Chew** - Vitamins • Minerals • Phytonutrients (*60 grape chews = 60-day supply*)
- **MetaKids™ DHA** - Support for healthy brain function - contains shellfish (*120 soft gels = 60-day supply*)
- **MetaKids™ D3 Liquid 1000 IU** per drop for healthy bone and immune support (*about 2,275 servings*)
- **MetaKids™ Baby Probiotic** - Daily probiotic support for babies and young children (*21 liquid servings*)
- **UltraFlora® 3 in 1 Daily Probiotic Gummies** - probiotics + prebiotic fiber support digestive, immune, and heart health (*60-day supply*)
- **Multigenics® Chewable** - multi-vitamin + mineral supplement - Outrageous orange flavor (*90 tablets*)
- **Ultra Potent-C® Chewable Vitamin C** - High-potency, orange-flavored vitamin C for immune support (*45-day supply*)